



THE CITY CONGREGATION for HUMANISTIC JUDAISM

SUNDAY ADULT PROGRAMS 2018-19

Sessions are generally from 3:30 PM to 5:00 PM at 15 West 86th Street (SAJ) in Manhattan on the second floor in the Social Hall.

There is no charge and all are welcome to attend.

All dates and programs subject to change.

To confirm events and for more information, visit www.citycongregation.org, or contact the office at 212-213-1002 or info@citycongregation.org.

Please note that other dates during the spring have yet to be scheduled with specific programs.

Sunday, Sept. 30, 3:30pm

TALKING TO YOUR KIDS ABOUT GOD

When is a good time for this conversation? How do you approach it? Do we wait for kids to bring up the subject or should we be proactive about it? How important is it that you tell your kids your own beliefs about God? How important is it that you steer your children off their paths and onto yours? If there are two parents in the home, what if they don't see things eye to eye?

TCC member and educator, Stan Brimberg, will share his thoughts and engage the audience in an exploration of their ideas and approaches to this often-vexing matters.

Sunday, October 14, 3:30pm

SCATTERED EMBERS: A Culinary History of the Jews of Mexico

Jewish Mexicans? Most people do not know that there are Jews in Mexico, but since the 1400s, Jews have contributed greatly to the culture of Mexico and became leaders in banking, politics, art, music, ranching, business and food.

Cultural historian and author, Sheryll Bellman, will shed light on this rich history, examining the three waves of Jewish immigration to Mexico and, uniquely, how these immigrants melded the bland flavors of the Sephardic, Ashkenazi and Mizrahi foods with the spicy, colorful and intense flavors of Mexico.

Sunday, October 28, 3:30pm

THE WEIRD AND WONDERFUL BELIEFS OF JEWS: Then and Now

Did you ever spit three times in response to hearing something terrible - or something good? Did you ever pull on your ears when you sneezed? Did you ever close books that were left open?

Rabbi Tzemah will explore these strange notions, odd ideas, and other peculiar practices from the Bible to contemporary bubble mayases (old wives tales), and will invite all comers to discuss their own favorite beliefs and superstitions.

Sunday, Nov. 18, 3:30pm

SURVIVING THE CHALLENGES OF CAREGIVING: Strategies and Insights

Debra Drelich, founder of NY Elder Care Consultants, will offer

an overview of how to create a roadmap to survival, before and once the changes of aging begin. Her presentation will focus on the needs of the older person as well as their caregivers. Debra is an advocate for a "team" approach to caregiving, that includes family and other professionals including physicians, attorneys, financial planners, and others.

Sunday, Dec. 2, 3:00pm

HOLIDAY CRAFT FAIR

Sunday, Dec. 16, 3:30pm

RUGELACH! The Quintessential Jewish Pastry

Let's dive headfirst into Rugelach!!! Those scrumptious rolls of sweet pastry with a multitude of tasty fillings! Chocolate, cinnamon, apricot, raspberry! What's your favorite flavor, and who makes the best ones? Come for a blind-tasting contest to find the absolute best in NYC!

We need volunteers, so if you think you know where to buy the BEST rugelach, please contact Jen Klein.

Sunday, Jan. 6, 3:30pm

Theatre of the Oppressed NYC

Our Eighth Annual Theatre of the Oppressed NYC program is based on real-life experiences of the actors and actresses. Always a highlight, especially when audience members – “spect-actors” – join the show with their own ideas. The public is welcome to this free performance though a donation of \$10 will be greatly appreciated to help defray costs and support the work of the troupe.